

## PRE-OPERATIVE INSTRUCTIONS PRIOR TO I.V. SEDATION

For your comfort, your surgery will be performed utilizing a combination of local anesthesia and intravenously administered conscious sedation. For your safety, please follow the instructions below:

1. Advise us of any medications that you are taking, even supplements or over the counter drugs. Please do not take any medications without your doctor's knowledge and approval.
2. Take your usual prescribed medications as well as those which have been prescribed for you in preparation for surgery, unless otherwise advised.
3. Please hydrate well by drinking plenty of water starting three days prior to your procedure. This will facilitate placing the IV line in your vein. Dehydration is the most common cause for having difficulty obtaining access to your veins.
4. Do not eat or drink anything after midnight prior to your procedure. The only exception would be small sips of water in order to take your regularly scheduled medications.
5. Do not drink any alcoholic beverages for 48 hours prior or 24 hours following your procedure.
6. Wear loose comfortable clothing with sleeves/legs that will fit easily over surgical dressings and ACE wraps. If you wear nail polish or acrylic nails, please remove them from at least two fingers on your right hand.
7. Please remove any jewelry, contact lenses and dentures prior to arriving for your appointment.
8. You **MUST** be accompanied by a responsible adult who will remain in the office during the procedure, drive you home and supervise you for the remainder of the day.
9. You should refrain from driving an automobile for the remainder of the day (depending on the type of procedure you are having we may advise you avoid driving for a longer time period), and avoid undertaking any important legal business or financial decisions.
10. Please notify our office if you develop a cold, sore throat, cough, stuffy nose or fever or any other illness in the days leading up to your surgical appointment.

**FAILURE TO COMPLY WITH THESE INSTRUCTIONS MAY RESULT IN CANCELLATION OF THE PROCEDURE**