



# ANDREWS

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### GLUCOSAMINE SULFATE

**Glucosamine sulfate** is commonly used for [arthritis](#). Scientists have studied it extensively for this use. It is most often used for a type of arthritis called [osteoarthritis](#). This is the most common type of arthritis.

There are different forms of glucosamine including glucosamine sulfate, glucosamine hydrochloride, and N-acetyl-glucosamine. These different chemicals have some similarities; however, they may not have the same effects when taken as a dietary supplement. Most of the scientific research done on glucosamine has been done on glucosamine sulfate

#### GLUCOSAMINE SULFATE DOSING

##### BY MOUTH:

- **Osteoarthritis: 1500 mg once daily or 500 mg three times daily.**