



ANDREWS

Sports Medicine & Orthopaedic Center

RECOMMENDED FOOTWEAR

The following products are recommended to provide cushioning and evenly distribute weight across the bottom of the foot to relieve pain. These can be found at the manufacturer's website, various online retailers, including Amazon, and local retailers such as Track Shak, Fleet Feet, or Dick's Sporting Goods (please call ahead to confirm availability; Sof Sole is only available at Dick's or Online).



HOKA BONDI

Highly-cushioned running/walking shoe suitable for daily wear.

[Hokaoneone.com/bondi](https://hokaoneone.com/bondi)



SOF SOLE ARCH SHOE INSERTS

Replaces factory shoe inserts for additional support and cushioning.

Available at Dick's Sporting Goods locally or online

sofsole.implus.com/products/perform-insoles/arch-support-insoles



OOFOS SANDALS AND SHOES

Casual shoe that reduces stress on feet and joints and aids recovery.

[Oofos.com](https://oofos.com)



EVEN UP SHOE LIFT

Shoe lift to compensate for height difference when using a walking boot.

[Evenupcorp.com/](https://evenupcorp.com/)