

CORE *Life*

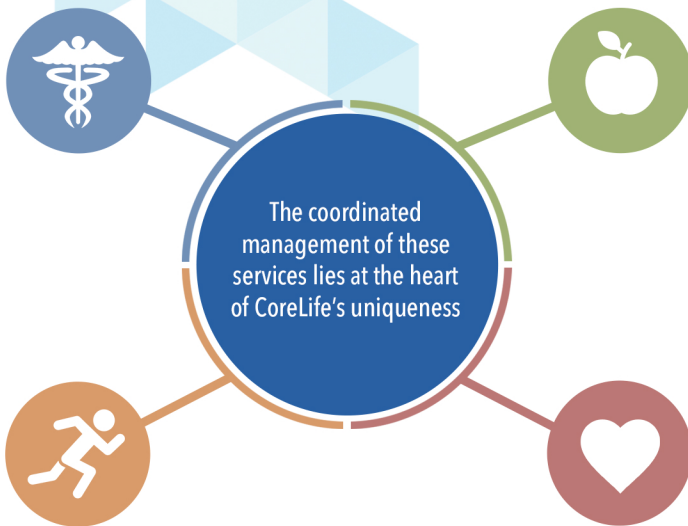


WEIGHT LOSS HEALTHCARE

www.corelifemd.com
e-mail us at info@corelifemd.com

CoreLife may be right for you if...

- Despite past attempts you are determined to find a solution that works
- You've learned that "quick and easy" solutions aren't sustainable
- You would like something tailored specifically to you
- You are ready to commit to making lasting changes to your lifestyle
- You are looking for a place to feel welcome and comfortable
- You would like a lifelong partner in your health and weight control



The CoreLife Difference

Comprehensive

Professional

Tailored to you

CoreLife enhances total health by providing a comprehensive approach to weight loss that includes medical, nutrition, exercise and behavior. The coordinated management of these services is at the heart of CoreLife's uniqueness.

Our professional and compassionate staff delivers an exceptional experience that has become the leader in weight loss and management. We tailor our services and empower you to make lasting change.



Medical

A CoreLife medical doctor is uniquely qualified to view your weight loss and maintenance within the context of your total health profile. Unless you address the contributing factors associated with weight gain, then only short term and unsustainable weight loss occurs.

- Medical Assessment & Oversight
- Fully Licensed Medical Practice
- Proprietary Programs
- Medical Community Approved



Nutrition

The CoreLife approach is based on the science of what your body needs to lose fat. Our Dietitians will provide you with the necessary skills to build a positive relationship with food and a pattern of eating that supports your goals.

- Nutritional Education
- Individual Plans
- Nutritional Counseling
- Meal Replacement



Fitness

Within our facility we have a private 24/7 access fitness studio where you can exercise one-on-one, in a small group, or simply on your own. Our fitness studio is specifically designed for the person looking to lose weight in a warm, comfortable, and private environment.

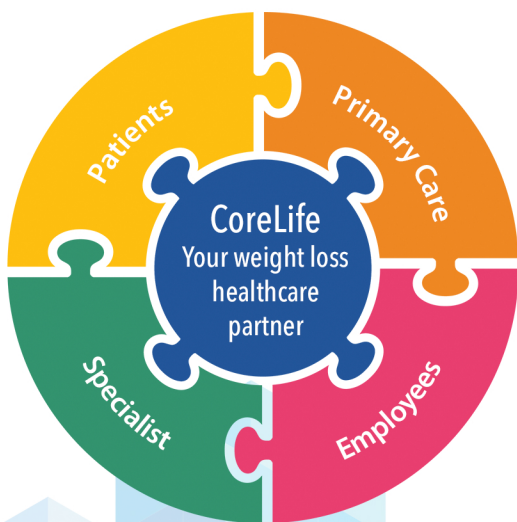
- In-House Fitness Studio
- One on One or Group Training
- Trainers/ Exercise Physiologists
- Tailored Programs



Behavior Change & Support

There is no easy formula for weight loss. It always comes down to you making the decision to change your life, remove obstacles, and take responsibility for where you are. CoreLife offers a robust support and accountability system paired with a compassionate staff that is solely focused on you and your goals. That support is with you every step of the way to ensure that you have the proper education, tools and techniques to maintain your new body and mind.

Achieve lifelong results



Complimentary Consultations Available

Call today or visit corelifemd.com/locations to find the location nearest you

Prior to your consultation, please visit www.coratest.com to complete your individual profile assessment

Call us today at 800-905-3261

www.corelifemd.com
e-mail us at info@corelifemd.com