# S

**RK /** Elite Trainer conditioning coach for Giancarlo Stanton, and Derek Fisher — "IntelliSkin products are principles of our training philosophy...posture, calance and well being."

K / PGA Champions Tour Player kes a tremendous difference in my ability to he negative effects of travel and long days on e. It is incredible how much the IntelliSkin shirt ses or eliminates the fatigue that normally can ecover from."

ATER / 11X World Champ - Pro Surfer ald live in the shirt for six months straight. It posture awareness and balance reminder we for."

**RRSON /** 4X World Champ - Pro Surfer or fine tuned his craft over the years, and the in products are dialed in for a better lifestyle and prmance."

BBS / MLB Player, Florida Marlins
eer I felt I had to create motion and strength
at with the IntelliSkin shirt everything is in
all my muscles are cued and ready".

/RENCE / Elite Yoga Instructor & Massage

ot only a smart product, but it makes my job as a little easier, supporting my students' posture petter form for quicker results. What else can in a boost to the spine for better oxygenation! therapist for 2.5 decades, I know the imporposture. I recommend it to all of my clients super Bowl Champions, New York Giants."



esult of arch that althcare s. Our nce-based Il retrain your lar alignment proved quality overy."



# **COMMENDIntelliSkin**

#### GAN, DC, DACBSP, CSCS

history of remarkable innovations in the field of Sports Mediacts continue to demonstrate his creativity, experience and eacy of his work. I have prescribed Tim's products for years to and look forward to his future innovations and contributions to

## IN, M.D., M.S.

oves scapular position and posture, which ultimately benefits lisorders of the shoulder and cervical spine. The foundation improvement in comfort and scapular control, which is an chiques that Dr. Tim Brown has developed over the last 30

#### npr

n shirt for over 5 years with outstanding success. Everyone, the effects of the shirt on their posture immediately. I have used correct postural adaptations, but also for the general patient for uff injuries, instability and even pain. It is part of my treatment that component to the entire treatment regimen. The IntelliSkin atment outcomes. I like the shirt so much, I wear one myself."

#### D. M.D

r study with collegiate volleyball players, we have proven that res posture and reduces the incidence of shoulder and elbow

# IntelliSkin PostureCue™ Performance Apparel

Performance compression apparel designed to improve posture and alignment.

## Why IntelliSkin?

- A) Our PostureCue Technology enhances basic compression to create the industry's first smart apparel.
- B) From the moment you put on IntelliSkin, your posture improves because your body is aligned.
- C) IntelliSkin Cues your body to instantly tone and strengthen your underused posture muscles while simultaneously opening, relaxing and lengthening your overused and overly tight muscles.

## What is IntelliSkin PostureCue™ technology?

Patent pending technology stimulates thousands of nerve endings in your skin, which react instantly to specific light touch and pressure and causes an instant muscle reflex-like response that tones and strengthens under-used posture muscles.

Cues your body to open and lengthen over-used, under stretched muscles which cause poor posture (rounded shoulders and forward head).

#### Who Wears IntelliSkin?

Everyone can benefit from good posture. Everyone can benefit from wearing IntelliSkin. Whether you are an athlete, weekend warrior, a busy mom or work on a computer. Better posture means less back and neck pain, fewer injuries, deeper breathing and more energy throughout the day.

#### When Should I Wear IntelliSkin?

Anytime! Wear it when you are working out, recovering from a workout, traveling or performing any activity of daily life.

# How Long Should I Wear IntelliSkin?

Wear it as long as you feel comfortable. When you start feeling fatigued, take it off and wear it a bit longer the next time.

# Look Better, Feel Better, Perform Better

### **Posture Research**

#### Better Posture Makes You Healthier and Smarter

Roger Wolcott Sperry (1981 Nobel Prize winner in Physiology, Medicine, and Brain Research)

More than 90% of the energy that goes to the brain is directed towards maintaining poor posture/body alignment within the field of gravity.

Posture Affects and Influences Every Physiologic Function in the Human Body American Journal of Pain: AJMP 1994; 4:36-39 Posture influences every physiologic function from breathing to hormonal production to pain regulation.



# IntelliSkin Research

# Validating IntelliSkin PostureCue™ Technology

Andrews Institute Study: Performance and Velocity in Baseball Pitchers Using the IntelliSkin Shirt

"This was a landmark and well controlled research study with baseball pitchers and the IntelliSkin shirt. The increase in throwing velocity was an important finding, but even more important was the shirts ability to delay a decrease in velocity as the pitch count increased. This product has great potential, not only for use as an injury prevention and performance enhancement device, but also for accelerating the rehab process following injury or surgery." **Dr. James Andrews** 

IntelliSkin Shirts Decreased Injury Rates in Intercollegiate Athletes

Dr. Michael F. Shepard: AOSSM 2012 Annual Meeting- Abstract Id: Poster 9 Use of the IntelliSkin shirts resulted in decreased injury and improved posture. The team won the NCAA Division I National Championship in the third year of wearing the IntelliSkin shirts.

Journal of Clinical Sports Med 29 (2010) 213–228 University of Connecticut Study "IntelliSkin shirts use the same concepts as postural taping to promote optimal posture and scapular positioning."

University EMG Study Proves Intelliskin Shirts Improve Posture

A university pilot study demonstrated, through sEMG, a quantifiable increase in muscle activation/inhibition patterns (synonymous with improved posture), while wearing the IntelliSkin shirt vs. other compression apparel.





Long Sleeve Foundation Available in: Black Maximum Postural Support



Foundation 2.0 Available in: Black and White Maximum Postural Support



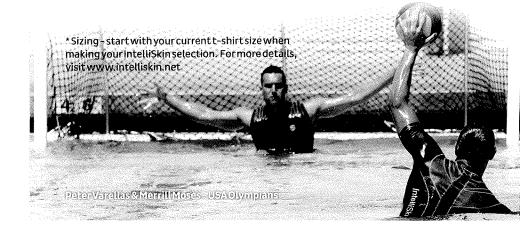
PostureCue™ V-Tee Available in: 8lack and White Moderate Postural Support / Light Weight



Foundation PostureCue™Tank Available in: Black and White Moderate Postural Support



**Zipper Foundation** Available in: Black Maximum Postural Support



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m Chest: 37-40" / 140-170 lbs				est: 34-36 / 125		•		2 Eve Shirts, (M, L); XS Sports Bra for Female Mannequin 2 8x10 posters; Male & Female Small Table Top Mannequin								
Chest: 40-43" / 160-200 lbs				est: 36-38" / 14												
xi Chest: 43-46" / 190-230 lbs				est: 38-42" / 16				ac an		20 IntelliSkin Brochu						
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Quick Th	HREE STEP FI	TTING Tips	- Edition in district					<b>1</b>								
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2. Gathe	er the back o	f the bottom	of the shirt	up to your	mid-back, lo	ook up and squ	eeze your s	houlder blad	es together							
3. Pull d	lown firmly i	n the back so	you can fe	el the shirt s	et against t	ne front of you	r shoulders	•								
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For more	e informatioi	n visit www.i	ntelliskin.ne	et and watch	n the instruc	tional videos.										
FITTING	CONSIDERA	TIONS														
Use your	r T-shirt size	as a guide	but if you ha	ave broad sl	noulders or	a large chest	size up									
The shirt	t should be t	ight without	being uncor	nfortable o	r pinching ui	nder the arms.	If the shirt	is uncomfora	ble or too	restrictive, size	up.					

\*MSRP